# ST CYRUS NURSERY



December 2018 - December 2019



## St Cyrus School Nursery

## Our Vision, Values and School Ethos

St Cyrus School Aims and Statement of Values communicate our philosophy and beliefs for St Cyrus School Community.

Our school and its family is a happy and successful place. A place where people care for and encourage each other in order to achieve our full potential.

## Reach for the Stars

## Our Aims

- > To provide a safe, welcoming environment where everyone feels valued, respected and included. An environment which promotes the health and the well-being of all and where social and cultural diversity is celebrated
- > To plan and engage learners in stimulating and relevant experiences both indoors and out which promote and develop the skills required for life and work
- > To support learners in tackling new challenges in order to encourage growth, confidence and capabilities and to recognise these successes both in ourselves and others
- > To develop a global awareness and encourage a culture of wonder in the world, its people, places, possibilities and future
- > To reflect on our work in order to continually improve

## Contents of Nursery Handbook

Aims of St Cyrus Nursery

Contents

A Bit About Us!

Staff

Opening Times

Parking

Routine

Snack

Nursery Dress

**Sun Protection** 

Settling in to Nursery

Being involved

Parent/Carer Involvement

Parent/Carer Queries/Concerns

**Visitors** 

Our Approach

Getting it Right for Every Child - GIRFEC

Child Protection

Nurture in Nursery

The Learning Journey Folder

Positive Behaviour

Physical Restraint

Health Care

Supporting Pupils with Medical Needs

Sick Children

Tooth Brushing

Safety in Nursery

Dates of the School Year

## CONTENTS IN SCHOOL HANDBOOK APPLICABLE TO NURSERY

(Please refer to School Handbook for an overview of these and other related issues)

Admissions, Induction and Transition Policy

Adverse Weather/Emergency Closure

Attendance/Emergency Contact

Complaints Policy

Confidentiality

Curriculum for Excellence

Disclosure Scotland (Protecting Vulnerable Groups)

Educational Data about pupils, Transferring of

Educational Psychologist

Head Lice

Health and Safety

Improvement Planning

Supporting Children's Learning

School Vision, Values and Aims

## A BIT ABOUT US!

St Cyrus Nursery is run by Aberdeenshire Council as a Local Authority Nursery Unit. It provides 40 places for pre-school children during morning and afternoon sessions, and is staff accordingly.

St Cyrus Nursery was constructed during the summer of 2001 and opened in October 2001.

St Cyrus primary School was built in 1867 and extended in 1990. The current role fluctuates between 160-175 pupils.

We were inspected by the Care Inspectorate in February 2017 and achieved the following grades:

Quality of Care and Support:

Quality of Environment:

Quality of Staffing:

Quality of Management and Leadership:

6 - Excellent

5 - Very good

5 - Very good

#### STAFF

These are the people you will meet when you come to the Nursery:

Head Teacher - Mrs Isla Mann

Depute Head Teacher - Mrs Charlotte McWhinnie

Early Years Lead Practitioner - Mrs Bev Rae
Early Years Practitioner - Miss Jodi Scott
Early Years Practitioner - Mrs Amber Beadie
Administrator - Mrs Thea Openshaw

Admin Support Assistant - Mrs Sue Rore

We might also, on occasion, have a nursery nurse student or student teacher on placement in the Nursery.

#### OPENING TIMES

Monday - Friday - 8.45 am - 11.55 am and 12.20 pm - 3.30 pm

Please collect your child promptly from Nursery.

No smoking policy - Please note that the school premises/playground are designed a no smoking zone.

## PARKING

We have very limited available parking within the front car park area. A parent "drop off" facility is therefore provided.

Nursery parents should also use the "drop off" area in front of the school (beside the church).

Children/Parents/Carers who walk to school should use the pupil entrance gate on Beach Road. Children must never cross the school car parks to gain entry to the school grounds unless they are accompanied by a parent/quardian.

#### ROUTINE OF SESSION

8.45 am - 11.55 am &1 2.20 pm - 3.30 pm

Arrival and welcome

Registrations/Good Morning/Afternoon/Weather/Sharing

Free-play (indoors/outdoors)

Staff facilitated activities when appropriate

Toilet routine and snack

Staff facilitated activities when appropriate

Tidy up time

Gathering Corner - story/songs/rhymes/quiet time

Home time/Nursery closes

**PE** - There will be one PE session per week - inside in the nursery room or school hall or outside.

## **SNACK**

Snack is a very important part of the Nursery experience. The cost is £0.50 per day. We prefer payment to be made on a termly basis but please see the school office if this is not possible and weekly payments can be arranged. Annual payment can also be arranged if required.

The food provided constitutes a varied and balanced diet. Fresh fruit and vegetables are always available. During their time at Nursery, children will help to prepare snack, serve and tidy up. A drink of milk or water is provided daily.

IF YOUR CHILD IS ALLERGIC TO ANY FOOT PLEASE DISCUSS THIS WITH NURSERY STAFF.

## **NURSERY DRESS**

Children should be dressed in comfortable play clothes, which are easy to wash. Trousers should be the pull-on variety and <u>not have tight buttons or belts</u> which can be frustrating for small children striving to become independent.

## They will need:

- 1. Lightweight shoes, eg elasticated gym shoes/Velcro trainers for indoor wear. (Children should change into these on arrival at Nursery unless told otherwise by Nursery staff shoes ON/OFF is indicated on the noticeboard at the entrance door.
- 2. Appropriate outdoor clothing we aim to get outside each day. During cold winter weather we strongly advise that your child wears insulated soles in their footwear, <u>especially</u> at Nature Nursery. Wellington boots are not warm enough for cold temperatures.
- 3. A complete change of clothing in a bag to hang on their peg.

<u>PLEASE</u> have these marked/labelled in some way so that you, your child and Nursery staff can recognise her/his own things. Lots of green sweatshirts and shoes can get mixed up"!

A Nursery sweatshirt is also available to order from the school. Please speak to nursery staff if you would like an order form.

#### SUN PROTECTION

We must ensure protection of the children from the sun during outside play in the summer. Each child should have a cap, preferably with a neck flap and also have a long sleeved T-shirt or nursery sweatshirt for outside play.

Parents/carers should apply sunscreen before or on arrival at Nursery.

## SETTLING INTO NURSERY

How can parents/carers help children settling into Nursery?

- Talk with your child about what he/she has been doing in Nursery
- Check all the Nursery notice boards to obtain information about the daily/weekly activities being undertaken in the Nursery
- Look at the information in the entrance area

Feel free to talk to the Nursery staff at any time and ask any questions. Sometimes we have to make a further appointment to discuss a concern/query.

#### BEING INVOLVED

We actively encourage parents and carers to become involved in all aspects of the Nursery. If you wish to do this you would need to go through a PVG check. You are always welcome to come to the Nursery and read, paint, cook or to do activities you enjoy.

We also keep you up to date and involved by holding parent consultations, occasional open mornings and Learn through Play mornings.

There are many other ways in which we appreciate parents/carers being involved in the Nursery. You will be invited to participate in outings and end of term events. If you can play a musical instrument or have another skill you can share with the children, please tell us.

## PARENT/CARER INVOLVEMENT

#### Parent Councils

Parent Councils are now established in almost all Aberdeenshire primary and secondary schools. The Scottish Schools (Parental Involvement) Act 2006 recognises the vital role that parents play in supporting their children's learning.

The basic principal under-pinning the Act is the desire to have children become more "confident Learners" through closer working between each family and the school. It is anticipated that this can be done in three ways. These are:

1. Learning at Home: Direct parental involvement in the child's learning at home and in the community.

Parents can support learning at home though:

- · Reading to and with hour child
- Giving your child responsibility for small tasks at home setting the table, making a shopping list, tidying their bedroom etc
- Helping your child to recognise and develop their skills and to recognise the skills of others
- Encourage your child to respect diversity and be tolerant



 Helping them to develop skills through reinforcing the need for manners and politeness

## 2. Home/School Partnership:

The homes/school partnership is essential to ensure that the child gets maximum benefit from their school experiences. You can support this by:

- Volunteering with an aspect of school life (please note that all voluntee5rs need to undertake a PVG (formerly known as disclosure) check.
- Supporting the school in upholding its discipline and school values
- Completing audits that are sent to you seeking your views and opinions on how the Nursery operates

## 3. Parental Representation:

- Parent Councils are parent led and supported by the school with all parents automatically being members of the "Parent Forum", the Parent Council is tasked with representing the view of the Parent Forum.
- The Parent Council assists the school in developing an annual improvement plan
- They can comment upon and suggest add-ons to the annual Standards and Quality Report
- Provide an annual report for parents on their work throughout the year
- Take a lead role in fundraising initiatives
- You can find out more about your Parent Council by contacting the Parent Council Chair via the school.

## Communication

We are keen to maintain excellent and open communication links with parents and have a number of ways in which we do this.

A school newsletter is sent home on a regular basis, detailing information about school events and activities.

We will contact you by telephone if there is ever anything specific that we wish

to discuss with you. Should you ever wish to discuss any aspect of your child's development, please speak to nursery staff, and an appointment to meet will be arranged at a mutually convenient time.

In Nursery, at drop off or collection times, you will have daily opportunities to talk to a member of the nursery team, exchanging information about your child's day in Nursery or information from home that you feel is important for the Nursery team to be aware of.

Each child has a Learning Journey which is an on-going report of their progress in nursery. These are available to take home at any time - please ask a member of staff if you wish to do so.

Other means of communication can include curricular evenings (if appropriate), open days, "Come to Learn through Play" sessions, end of term gatherings, the school website and the local and national GLOW websites. The school website address is www.st-cyrus.aberdeenshire.sch.uk

## PARENT/CARERS' CONCERNS

We feel that any home/Nursery concern is very important. Therefore, as parents/carers, if you have any concerns regarding <u>any</u> aspect of the Nursery, please feel free to contact Nursery Staff in the first instance. Thereafter, Mrs Isla Mann (Head Teacher) is your contact.

#### OUR APPROACH

At St Cyrus Nursery we believe that children learn best through play. Play is the most natural way in which young children learn with enjoyment and challenge. It is crucial that children direct their own play and for this they need time and space in order to become deeply involved in their learning. Sometimes their play will be boisterous, sometimes quiet and reflective. Members of staff work together to plan for indoor and outdoor play based on their on-going observations of the children and their interests.

A range of appropriate materials and equipment is freely available to enable independent and active learning. Staff work alongside children whilst they play, observing, supporting and extending the learning.

We are an indoor and outdoor nursery. Real world learning takes place in <u>all</u> these environments. We have two garden areas and we run our Nature Nursery sessions fortnightly from one of these.

Our approach to learning encourages children to become problem solvers, decision makers and to be independent. This approach enables children to play, organise and carry out their own experiences in consultation with adults and other children. Children can only become independent if they are able to make decisions without referring to adults. We enable children to achieve independence by allowing them choice with adult support rather than adult direction.

We believe that children should be empowered to make their own plans and decisions.

Children are usually interested in the process of doing/making something rather than the end product. We also acknowledge that children are individual so what they do or make will be individual. At St Cyrus Nursery, children are unlikely to take home identical creations unless they themselves have chosen to do the same as someone else.

In our setting children make plans and choices according to their own interests and needs, finding equipment and resources to further their learning. Adults at Nursery support children to carry out their plans by observing and listening to them and by encouraging children to extend their ideas and complete their plans.

It is important for staff to observe and record what children are doing because observations inform them how children are developing and in what ways they need support. We will also seek your child's view of their own learning development along with your own views as their parent/carer. All of this information will be used when planning your child's next steps in learning.

## GETTING IT RIGHT FOR EVERY CHILD (GIRFEC)

Taking care of our children's well-being and making sure they are alright - even before they are born - helps us ensure the most positive outcomes for them later in life. It gives them the potential to grow up ready to succeed and play their part in society.

Getting it right for every child is a programme that aims to improve outcomes for all children and young people. It promotes a shared approach that:

- Builds solutions with and around children and families
- Enables children to get the help they need when they need it

- Supports a positive shift in culture, systems and practice
- Involves working together to make things better

Getting it right for every child is the foundation for work with all children and young people, including adult services where parents are involved. It builds on universal health and education services, and is embedded in the developing early years and youth frameworks.

Developments in the universal services of health and education, such as Better Health Better Care and Curriculum for Excellence, are identifying what needs to be done in those particular areas to improve outcomes for children.

The Getting it right approach looks at eight areas of "well-being". These are recognised as areas in which children and young people need to progress in order to do well now and in the future. They allow those responsible for the care and support of children - including members of their own families - to look at a situation in a structured way that will help them identify any needs and concerns and plan with the child and family any action they need to take.

The eight wellbeing indicators are:

- Safe
- Healthy
- Achieving
- Nurtured
- Active
- Responsible
- Respected
- Included

The approach gives them a common language and a way to gather information about a child's world, making sure the child is growing and developing, and has everything they need from the people who look after them both at home and in the wider community. It also encourages practitioners to think about who else might need to be involved (for example a teacher might need to contact other professionals to make sure that an education improvement plan with the child and family was meeting all the child's needs).

For more information about Aberdeenshire's approach to GIRFEC go to:

http://www.aberdeenshire.gov.uk/about/departments/girfec

## CHILD PROTECTION

As children and young people in Scotland have the right to be cared for and protected from harm and to grow up in a safe environment in which their rights and needs are respected. The welfare of children is paramount.

Protecting Children and Young People: Framework for Standards, Scottish Executive 2004

Protecting children and young people is a priority for Aberdeenshire Concil.

It is everyone's job to ensure that children are kept safe. Schools are required to report any suspected child abuse to appropriate services such as Police Scotland and Social Work.

"Child protection means protecting a child from abuse or neglect. Abuse or neglect need not have taken place; it is sufficient for a risk assessment to have identified a *likelihood* or *risk* of significant harm from abuse or neglect."

Categories of abuse include:

- Physical Abuse
- Neglect
- Emotional Abuse
- Sexual Abuse

(From the National Guidance for Child Protection in Scotland 2014)

A comprehensive set of guidelines provide all staff and volunteers who come into contact with children with the essential information about protecting children from harm.

Where parents or a member of the public have concerns about the safety of protection of any child they can contact:

The school and ask to speak to the head teacher or a senior member of staff: Police Scotland by dialling 101 (This number is in operation at all times).

Or

The local Social Work Office by dialling one of the numbers below during office hours or if calling during evenings and weekends 08458400070.

Aboyne	013398 87096
Banchory	01330 824991
Banff	01261 812001
Ellon	01358 720033
Faserburgh	01346 513281
Huntly	01466 794488
Inverurie	01467 620981 or 01567 625555
Laurencekirk	01561 376490
Peterhead	01779 477333
Portlethen	01224 783880
Stonehaven	01569 763800
Turriff	01888 569260
Evenings and Weekends	08458 400070

For further information please go to the Aberdeenshire Council website www.aberdeenshire.gov.uk

All Education & Children's Service Managers and School Child Protection Coordinators have received training to ensure that they are confident, well informed and supported to promote the protection of children.

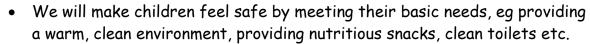
All schools provide Child Protection awareness raising training to all teaching and non-teaching staff on the first day of each session.

Protecting Chidren and Young People in Aberdeenshire - Education & Chidren's Services Guidelines can be accessed through:

http://www.aberdeenshire.gov.uk/parentscarers/ChildProtection.as;

your child's early years are the stage in their lives when they make connections with their families and with those who care for them. Children who have a loving and secure relationship with their close adults learn to be resilient and independent, and will flourish mentally, emotionally and physically.

At St Cyrus we will nurture your child in a variety of ways to form a safe and secure foundation, where they trust their adults. This will support them on the start of their lifelong journey through learning.



- We will show our children that we love through praise, smiles, eye contact, listening and talking.
- Hugs make your child feel safe and comforts them. Where a child indicates that they would like to be hugged, staff will do so in an appropriate manner. All staff fully understand their duty of care to the children, are PVG checked and have completed their child protection training.
- We will be generous with praise and will gently support your child throughout their learning.
- Through smiles, we will show children that they are loved, included and that we are connected with them.
- Good eye contact will reassure our children that they are important.
- Active listening and engaging talking, shows our children that we care for them and that we care about them.
- We will listen to and engage with our children's parents/carers and support them whenever necessary.

"Forming and reinforcing connections between the brain cells and the key tasks of early brain development which is partly determined by the genetic code, but is then supported by and influenced by relationships and the environment" Suzanne Zeedyk - Senior Lecturer in Developmental Psychology at Dundee University

Nurturing is a key component of GIRFEC - Getting it Right for Every Child

## THE LEARNING JOURNEY FOLDER

By observing and recording your child's achievements in your child's Learning Journey folder we can plan for your child's holistic development.

## What is a Learning Journey?

A Learning Journey is an individual record of children's learning which integrates various forms of assessment.

## **Effectiveness**

To be effective, Learning Journeys need to be embedded in the learning process.

Effective Learning Journeys should be underpinned by various assessment strategies and observations in various formats.

For Learning Journeys to be effective, children have to feel some sense of ownership over their achievements and the personal aims they set.

## What are the main aims of implementing Learning Journey's in the Nursery?

- To make the Learning Journey processes central to the child's learning experience.
- To achieve the objectives of the Curriculum for Excellence.
- To ensure that the principles of GIRFEC are embedded in every aspects of your child's learning.
- To encourage children to play a more active part in their own learning.
- To create stronger partnerships with parents/carers and facilitate the reporting process.
- To suppor6t achievement and attainment in personalised way.
- To aid transition to P1 and connect the Whole Early Years learning, ie Nursery and P1.

#### POSITIVE BEHAVIOUR

Nursery aims to provide a caring and safe environment where each child is respected as an individual and treated consistently and fairly. The Nursery emphasis is on promoting good, acceptable behaviour. Staff set clear consistent boundaries and ensure that children are reminded of rules and limits on a regular basis.

## Encouraging Positive Behaviour

Acceptable behaviour will be praised and reinforced with positive attention. We encourage the children to follow the golden rules of our nursery which encourages mutual respect and learning in a warm and loving environment.

## Physical Restraint

Children will never be physically restrained <u>unless</u> it is the only practicable way of protecting the child or others. (Parent/carers will always be informed if this has been necessary).

#### HEALTH CARE

By sharing information, parents/carers and Nursery staff can make sure that the Nursery provides the most appropriate care and education for each child. Please inform us of any allergies, intolerances, medications, etc.

#### SUPPORTING PUPILS WITH MEDICAL NEEDS

Many pupils will, at some time in their school careers, need to take medication. For the vast majority this will be a short-term requirement, with pupils simply finishing a course of medication which has been prescribed for them by their fairly doctor. Wherever possible, parents are requested to ask for GP prescriptions which can be administered outwith the school day, ie in the morning and evening. Where this is not possible, parents are required to complete a singed Authorisation to Administer Medication form prior to school staff administering medications on parents' behalf. This policy also includes items such as Calpol, throat lozenges and cough mixture.

However, pupils may have long term medical conditions such as asthma or diabetes which may require on-going support and, if their conditions are not properly managed by taking regular medication in school, their access to education could be limited. In addition, some children have conditions which may require occasional staff intervention, eg severe allergic conditions such as anaphylaxis. In certain cases specific training of staff about a child's treatment may need to be given.

## SICK CHILDEN

If your child is unwell please keep him/her at home. If Calpol, for example, is needed to aid your child's recovery, then your child should not attend Nursery (First Aid advice).

#### TOOTH BRUSHING

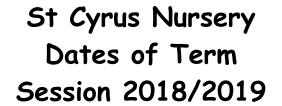
We regularly talk about the importance of looking after our teeth and take part in the "Childsmile" tooth brushing system. We brush our teeth regularly at Nursery and are monitored by a Childsmile representative.

## SAFETY IN NURSERY

Our aim is always to have an awareness of the safety of the children in the nursery. As part of this process we engage the children themselves in becoming aware of risk. We are a risk aware nursery rather than risk averse.

Children require to develop life sk9ills which they can apply throughout their learning.

- We risk assess situations with children and staff
- We all agree on the boundaries of expected behaviour in risky situations
- We record this in our Floor ~Book
- Nursery staff fully understand their duty of care towards the nursery children
- We have an alarmed entrance
- Gates can be locked when necessary
- Fire exits are apparent
- Fire/evaluation drills are held once a term and nursery participate in these, along with the whole school
- Fire alarm system is tested on a regular basis



INSET Day Monday 19 August 2019

**TERM1** - School starts on Tuesday 20 August 2019 – School finishes on Friday 11 October 2019

October Holidays - Monday 14 October 2019 to Friday 25 October 2019

**TERM 2** – School starts on Monday 28 October 2019 – School finishes on Friday 20 December 2019

INSET Day Monday 18 November 2019

INSET Day Tuesday 19 November 2019

Christmas Holidays – Monday 23 December 2019 to Friday 3 January 2020

**TERM 3** – School starts on Monday 6 January 2020 – School finishes on Friday 3 April 2020

Occasional Day to be confirmed

Occasional Day to be confirmed

Mid-Term Monday 17 February 2020

INSET Day Tuesday 18 February 2020

INSET Day Wednesday 19 February 2020

Easter Holidays – Monday 7 April 2020 to Friday 17 April 2020

**TERM 4** – School starts on Monday 20 April 2020 – School finishes on Friday 3 July 2020

May Day Monday 4 May 2020

• Summer Holidays - start on Monday 6 July 2020

Please also find a link to the annual holiday calendar:

http://aberdeenshire.gov.uk/media/16718/school-holiday-planner-2015-2020-updated-003.pdf



St Cyrus Nursery
St Cyrus Primary School
Beach Road
St Cyrus
Montrose
DD10 OBJ

Tel: 01674 850215

E-mail:

Stcyrus.sch@aberdeenshire.gov.uk

