

## Aberdeenshire Nursery School Menus - From Oct 2023

Week 1 - 30<sup>th</sup>Oct, 20<sup>th</sup>Nov, 11<sup>th</sup>Dec, 15<sup>th</sup>Jan, 5<sup>th</sup>Feb, 26<sup>th</sup>Feb, 18<sup>th</sup>Mar, 8<sup>th</sup> Apr 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch	Lunch	Lunch	Lunch	Lunch
Fish Fingers  Garden Peas Sweetcorn Boiled Potatoes  Raisins served with Chocolate Brownie & Custard	Our Butchers Pork Sausage Pattie in Gravy served in a Yorkshire Pudding Sliced Carrots Broccoli Florets Mashed Potatoes Fresh Fruit	Macaroni Cheese V Garden Peas Sliced Beetroot Potato Wedges Fresh Fruit with Natural Yoghurt (optional)	Homemade Margherita Pizza V Side Salad Vegetable Sticks Penne Pasta  Sliced Peaches served with Vanilla Ice Cream	Spaghetti Bolognaise Side Salad Sweetcorn Garlic Bread Fresh Fruit with Cheese & Biscuits
PM Meal	PM Meal	PM Meal	PM Meal	PM Meal
Carrot Soup V Cheddar Cheese in a Soft Roll Side Salad & Cucumber Sticks Fresh Fruit with Natural Yoghurt (optional)	Lentil Soup V Chicken Sandwich Side Salad & Grated Carrots  Fresh Fruit with Shortbread Biscuit & Milk	Potato Soup V Tuna Mayonnaise in a Soft Roll Side Salad & Pepper Sticks Raisins with Cheese & Biscuits	Chicken Noodle Soup Ham Sandwich Side Salad & Vegetable Sticks Fresh Fruit with Cheese & Biscuits	Tomato Soup V Tuna Mayonnaise Sandwich Side Salad Sweetcorn Fresh Fruit

**V** = Vegetarian

Aberdeenshire



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Week 2 – 6<sup>th</sup>Nov, 27<sup>th</sup>Nov, 18<sup>th</sup>Dec, 22<sup>nd</sup>Jan, 12<sup>th</sup> Feb, 4<sup>th</sup> Mar, 25<sup>th</sup> Mar, 15<sup>th</sup> Apr 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch	Lunch	Lunch	Lunch	Lunch
Vegetable Curry with Rice Sweetcorn Grated Carrots Fresh Fruit with Chocolate Yoghurt Cake	Macaroni Cheese V  Garden Peas Sliced Beetroot Garlic Bread  Fresh Fruit	Chicken in Gravy, served with Yorkshire Pudding  Broccoli Florets Sliced Carrots Mashed Potatoes  Semolina served with Mandarins	Homemade Lasagne Side Salad Sweetcorn Garlic Bread Raisins with Cheese & Biscuits	Fish Fingers  Garden Peas Baked Beans Boiled Potatoes  Fresh Fruit with Butterscotch Cookie & Milk
PM Meal	PM Meal	PM Meal	PM Meal	PM Meal
Lentil Soup V  Chicken Sandwich Side Salad & Pineapple  Fresh Fruit with Natural Yoghurt (optional)	Vegetable Soup V  Tuna Mayonnaise Sandwich Side Salad & Vegetable Sticks  Fresh Fruit with Cheese & Biscuits	Carrot Soup V  Ham Sandwich Side Salad & Melon Wedge  Fresh Fruit	Leek & Potato Soup V  Cheese Roll Side Salad & Pepper Sticks  Fresh Fruit with Natural Yoghurt (optional)	Minestrone Soup V  Chicken Mayonnaise Roll Side Salad & Grated Carrots  Raisins with Cheese & Biscuits

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Week 3 - 13<sup>th</sup> Nov, 4<sup>th</sup> Dec, 8<sup>th</sup> Jan, 29<sup>th</sup> Jan, 19<sup>th</sup> Feb, 11<sup>th</sup> Mar, 1<sup>st</sup> April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Curry with Rice  Garden Peas Carrot & Pepper Sticks  Fresh Fruit with Cheese & Biscuits	Fish Fingers  Baked Beans Sliced Beetroot Boiled Potatoes  Apple Cake with Custard	Roast Chicken & Gravy with Mealie  Broccoli Florets Sweetcorn Roast Potatoes  Fresh Fruit with Vanilla Ice Cream	Italian Beef Meatballs in Tomato Sauce Sliced Carrots Garden Peas Penne Pasta Fresh Fruit	Sausage Pattie in a Bun with optional Tomato Ketchup  Side Salad Sweetcorn Potato Smiles  Raisins served with Oatie Biscuit & Milk
PM Meal	PM Meal	PM Meal	PM Meal	PM Meal
Carrot & Coriander Soup V  Cheese Sandwich Side Salad & Carrot & Pepper Sticks  Fresh Fruit with Natural Yoghurt (optional)	Minestrone Soup V  Chicken Sandwich Side Salad Cucumber Sticks  Raisins with Cheese & Biscuits	Lentil Soup V  Ham Roll Side Salad & Cucumber Sticks  Fresh Fruit	Chicken Noodle Soup  Tuna Mayonnaise Sandwich Side Salad & Melon Wedge  Fresh Fruit Salad with Natural Yoghurt (optional)	Tomato Soup V  Roast Beef Sandwich Side Salad & Sweetcorn  Fresh Fruit with Cheese & Biscuits

